

TRACKING ...

NEWS

Shoplifting costs
post community

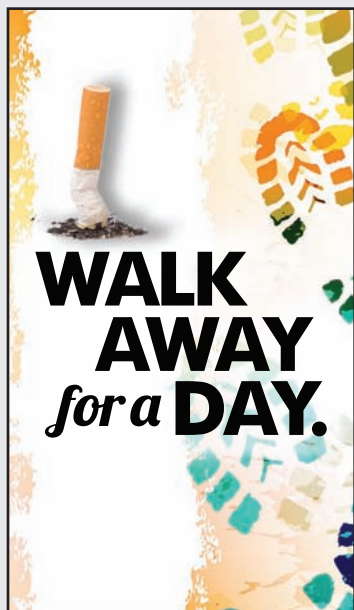
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troop withdrawals

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HEALTH



Smokeout day
great time to quit

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The Fort Jackson Leader

Thursday, November 17, 2011

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Warrior chat

BCT Soldiers connect with recruits

By CURSHA PIERCE-LUNDERMAN
Fort Jackson Leader

Civilians got a peek into the mysterious life of a Fort Jackson Basic Combat Training Soldier Monday night, thanks to a partnership between the U.S. Army Recruiting Command and a Fort Jackson unit.

As part of USAREC's Future Soldiers program, five Soldiers from the 3rd Battalion, 60th Infantry Battalion — who graduate today — took to a chat room to field questions from 100 recruits scheduled

“Train as much as you can at home, and know your Soldier's Creed because it's more than just words, it is who you are.”

— Pvt. Lisa Sims
3rd Battalion, 60th Infantry Regiment

to attend BCT here within the next few weeks.

The experience is an extension of the recruiting command's current Future Soldiers Chat Room, which allows recruits

to participate in an online chat. Monday night's chat allowed recruits to type in questions from their locations throughout the country.

BCT Soldiers then answered those questions via live video feed from the 193rd Brigade headquarters. Recruits asked a full range of questions from, “What kind of clothes should I bring?” to “Are the drill sergeants mean all of the time?”

In addition to this week's video chat, those same Soldiers have also been using

See **FUTURE:** Page 11

Remembrance



Photo by JAMES ARROWOOD, command photographer

From left, Sgt. Matthew Thornton, Fort Jackson Soldier of the Year, Staff Sgt. Samantha Goscinski, Fort Jackson Drill Sergeant of the Year, Maj. Gen. James Milano, Fort Jackson's commanding general, and post Command Sgt. Maj. Brian Stall salute during the installation's Veterans Day ceremony Nov. 10. For more, see Pages 16 and 17.

Safety important this holiday season

With the holiday season fast approaching, we will reacquaint ourselves with the Loaded 45 Holiday Safety Campaign. Most of you are familiar with the terminology, “Loaded 45,” but in case you don’t recognize the phrase, it refers to the 45-day period that runs from Thanksgiving to New Year’s Day.

During this holiday period, our Soldiers and civilians take advantage of their passes and leave time along with everyone else in the country. This significantly increases the numbers on our highways and therefore increases the potential for accidents.

Unfortunately, in many accidents during the holiday season, alcohol will play a role. Most parties and get-togethers that we will attend will include alcohol. Don’t forget that drinking and driving spells disaster.

If you plan to drink, drink responsibly and always have a designated driver.

Keep in mind that during the holiday season, law enforcement officials on and off post, will be stepping up their enforcement of traffic laws and regulations. Those who drink alcohol at Family and Morale, Welfare and Recreation-operated facilities on post can request to be driven home. The best part of this offer is that the ride is free. The patron only needs to ask the FMWR

**MAJ. GEN.
JAMES M. MILANO**
*Fort Jackson
Commanding
General*



bartender.

As for long-distance traveling, something at your disposal is the Travel Risk Planning System, which allows Soldiers and Army civilians to complete a POV risk assessment concerning their trip. TRiPS can be accessed through the U.S. Army Combat Readiness/Safety Center website at <https://safety.army.mil/>.

Basic Combat Training and Advanced Individual Training Soldiers are required to sign a POV safety contract with their platoon or drill sergeant before departing for block leave. Leaders are also mandated to make sure no Soldier or civilian employee leaves for the holiday period without a safety awareness briefing.

There are a number of simple things that Soldiers and civilians can do to ensure a safe trip on the roadways. For starters, wear your seatbelt.

Don’t drive when you are tired. Don’t drive distracted with cell phones or other electronic devices. Always watch for the “other guy” and drive defensively.

A lot of this boils down to good common sense. If you exercise good judgment at all times, your odds of stumbling into harm’s way are greatly reduced. There is nothing more troubling than to hear or read about a Soldier who was involved in an accident that could have been prevented if he or she had practiced the principles of safety and good discipline. Discipline equals safety; if you are disciplined, you are safe.

If you adhere to good discipline during your time away from Fort Jackson, you are improving the odds of a safe return. Last, always apply your values and adhere to the standards to which we live by.

I have complete confidence in all of you, and the expectations that I have for you are not any higher than the ones that I have for myself. Please understand how important you all are to our mission. We cannot afford to lose any of you.

Army Strong and Victory Starts Here!

The Fort Jackson **Leader**

Fort Jackson, South Carolina 29207

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Stronger IMCOM community, stronger community support

When I took command of IMCOM in November 2009, we set out to validate that we were doing the right things and doing things right, and to find better ways of doing business. This self-evaluation was particularly important at the time, as the Army was focused on finding the right kinds and levels of support for Soldiers and families stressed by repeated and extended deployments.

First we started expanding our identity. Today when we talk about providing for Soldier, civilian and family quality of life, we don’t just mean the Installation Management Command — we mean the Installation Management Community, which also includes the office of the assistant chief of staff for installation management and the offices of the assistant secretaries of the Army for installations, energy and environment, and manpower and reserve affairs.

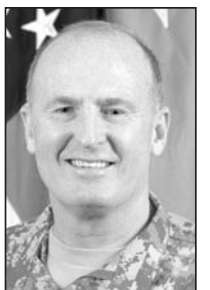
And then we started to focus the talent and expertise of this diverse community on our common goal: providing Soldiers, civilians and families with a quality of life commensurate with their service. In March 2010, we published Version 1 of the Installation Management Campaign Plan, which outlines how we provide the facilities, infrastructure, programs and services required to support Soldier, Civilian and Family readiness and well-being. Since then, each update has reflected a stronger sense of community and more robust strategy for addressing the challenges we face.

Throughout the past two years, IMCOM has reviewed programs, services and infrastructure in areas such as child care, youth development, housing, education, employment, recreation and behavioral health. As a result, a number of programs and services have been enhanced, to include Survivor Outreach Services, the Exceptional Family Member Program, the Army Community Service, Child, Youth and School Services, the Army Substance Abuse Program, the Total Army Sponsorship Program, the Army Career and Alumni Program, and Soldier and Family Assistance Centers.

At the same time that we have enhanced the effectiveness of programs, services and infrastructure, we have worked to improve the efficiency of delivery at every level, starting

**LT. GEN.
RICK LYNCH**

*IMCOM commanding
general*



from the top. As we moved IMCOM’s headquarters from Virginia to Texas under Base Realignment and Closure, we also integrated a subcommand, the Family and Morale, Welfare and Recreation Command, into the headquarters, and scaled down from seven to four regions worldwide. In doing so, we reduced overhead costs and streamlined delivery of services to our customers.

Even as we are addressing today’s fiscal challenges, we are looking to the future and how we will support the Army of 2020. Through BRAC, our installations have built and renovated facilities to support the reshaped Army. Through initiatives such as Army Net Zero, our installations are developing sustainable practices to ensure we will continue to have the resources to accomplish our mission. Through improved knowledge management, we continue to strengthen our shared understanding of how to operate in a dynamic environment in ways that save time and money.

And we continue to invest in our most important asset: our people. Through a new command-wide approach to talent management and workforce development, we are making sure we will have in place the right people with the right skills to take on future challenges.

IMCOM has a huge impact on the lives of Soldiers, civilians and families — on how we work, train, live and play. The immediate resource challenges only intensify our focus on the mission. We are dedicated to doing our best in serving Soldiers and families today — and we will find ways to serve even better tomorrow.

Shoplifting costs post community

From the Army & Air Force Exchange

DALLAS — An abundance of shoplifting prevention measures such as eagle-eyed closed circuit televisions with DVR technology, expanded use of high-tech Electronic Article Surveillance and an aggressive youth awareness campaign produced a decrease in theft at Army & Air Force Exchange Service facilities of 8.5 percent last year, from 5,950 incidents in 2009 to 5,444 last year.

The sophisticated anti-shoplifting measures are also being cited as a factor in reducing the costs of products involved in detected cases from \$655,169 to \$534,525 in 2010.

The Exchange, which has contributed more than \$2.4 billion to Air Force Services and Army IMCOM, G-9, FMWR programs in the past 10 years, continues to focus its efforts on reducing theft.

“Shoplifting at the exchange results in a reduced return on investment to our primary shareholders — the military community,” said Chief Master Sgt. Jeffry Helm, the Exchange’s senior



HELM

enlisted adviser. “Because the Exchange is a command with a mission to return earnings to quality of life programs, people who steal from the Exchange don’t only harm themselves but directly impact FMWRC’s and (Fort Jackson’s) ability to complete its mission.”

If shoplifting is suspected, the Exchange loss prevention office turns the issue over to local law enforcement. In addition to possible disciplinary action and/or criminal prosecution, the Federal Claims Collection Act allows the Exchange to enact a flat, administrative cost (Civil Recovery) of \$200.

There may be further fees, in addition to the Civil Recovery Program, depending on the condition of the stolen merchandise.

NEC Signals

Google recently announced that it intended to promote a website encouraging veterans and active duty service members to use existing Google social media products to tell stories (including pictures) about their individual military experiences, including the locations where they were trained, stationed and deployed.

This website uses Google MapsR, which allows global users to track the location of the device and subsequent user posting the file. Their goal was to advertise this “capability” by Veterans Day.

Although this is an opportunity for our Soldiers and the Army to tell the Army’s story, all commanders should remind their Soldiers about Operational Security with regard to social media.

In general, the Army does not want Soldiers associating operational information or locations when posting information or photos. This is especially important for OCONUS locations. While the Army embraces social media as a method of communication to the American public, the Army does not endorse this website over any other.

Please remember that individuals are accountable for information they place on public websites and commanders remain responsible for publishing guidance to their units.

For more information on Online Google Multimedia, please contact your unit security manager, OPSEC officer or the NEC security manager at 751-6776 or vincent.province@us.army.mil.

Military Family Appreciation Month continues with events

Fort Jackson’s Military Family Appreciation Month activities are continuing throughout the month of November. Upcoming events include:

5:30 p.m., today, Post Library: Teen book discussion on “The Hunger Games,” by Suzanne Collins.

10 a.m. to 2 p.m., Saturday, Solomon Center: The annual Child, Youth and School Services Family Appreciation Fun Fair includes free games and prizes.

4-7 p.m., Wednesday, NCO Club: Play family friendly Bingo, win prizes and enjoy the food.

Nov. 25-27, Century Lanes: Win a special prize during colored pin bowling. Bowlers who get a strike when the colored pin is in their lane win a prize. Colored pin bowling is offered 3-9 p.m., Nov. 25-26 and 2-9 p.m., Nov. 27.



Nov. 30, Post Library: Teen book drawing. Teens who read three books will be entered into a drawing to win “The Hunger Games” series by Suzanne Collins or the “Hazelwood Trilogy” by Sharon Draper.

4-5 p.m., Nov. 30, Balfour Beatty Community Center: The Children’s Literary Parade gives children a chance to dress as their favorite storybook character. Show and tell is scheduled for after the parade.

Nov. 30, Community Center: Create a craft based on a favorite literary work or character for the Literary Craft Competition. Crafts must be submitted at to Balfour Beatty Community house no later than 2 p.m. Crafts will be judged during the parade.



*Want more Fort Jackson news?
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at <http://www.vimeo.com/user3022628>*



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Housing Happenings

COMMUNITY UPDATES

- ❑ Fire prevention tip: Cleaning dryer vents on a regular basis can drastically reduce the potential of an appliance fire. To schedule a dryer vent cleaning, contact the Balfour Beatty Communities service staff at 787-6416.
- ❑ Residents who refer someone to move on post are eligible to receive \$200.
- ❑ Residents must obey the 20 mph speed limit in housing and be mindful of the music volume in vehicles.
- ❑ Residents who have not yet received a utility statement from Minol should contact the company at 1-888-636-0493.
- ❑ Energy conservation tip: Keeping the thermostat set between 65-72 degrees conserves energy, minimizes usage and can reduce the utility bill.
- ❑ Parents should ensure that children do not play on retaining walls. Children who fall from the walls could be seriously injured. Call the MPs at 751-3115 to report any unattended children playing on a retaining wall.

CONSTRUCTION UPDATES

- ❑ To date, 533 homes have been completed.
- ❑ A total of 916 homes have been demolished to date.
- ❑ Delivery of all new homes is complete, with the exception of the remaining junior noncommissioned officer homes, which are currently under construction.
- ❑ Phase III homes along Parker Lane are expected to be available this month.



Friday, Nov. 18 — 4 p.m.	
Spy Kids	PG
Friday, Nov. 18 — 7 p.m.	
Ides of March	R
Saturday, Nov. 19 — 4 p.m.	
Real Steel	PG-13
Sunday, Nov. 20 — 2 p.m.	
Moneyball	PG-13
Tuesday, Nov. 22 — 1 p.m.	
Real Steel	PG-13
Tuesday, Nov. 22 — 4 p.m.	
Moneyball	PG-13
Friday, Nov. 25 — 2 p.m.	
Hop	G
Friday, Nov. 25 — 7 p.m.	
Shark Night	PG-13

Adults: \$4.50
Children (12 and younger): \$2.25

Visit www.aafes.com or call 751-7488 for listings.

‘Open season’ under way

By C. TODD LOPEZ
American Forces Press Service

FORT MEADE, Md. — Even if a federal employee is happy with current health insurance, officials say it’s probably a good idea to do at least a little research during “open season,” which began Monday and runs through Dec. 12.

The Federal Employee Health Benefits Plan open season refers to the time each year when employees are allowed to change options for health care coverage, including dental and vision insurance.

“A federal employee has many choices between health plans,” said Anne Healy, a representative from the BlueCross BlueShield Federal Employee Program.

In Maryland, Healy said, employees can choose from as many as 25 plans, including preferred provider plans, health management organizations, and high deductible health plans.

“There (are) all different types of options,” she said. “If an employee is enrolled in one plan, say an HMO (health maintenance organization), and they decide they want to change to a PPO (preferred provider organization), the

only time they can do that is during the open season.”

New federal employees pick a health care plan when they are hired. And existing employees can change their coverage options during “life-changing events” such as getting married or having a baby. But otherwise, employees must wait until “open season” to make changes to their health coverage.

But even if an employee doesn’t make changes to health insurance coverage during open season, providers can make changes of their own. And employees should be aware of those changes, because they can reflect on their paycheck come January.

“A couple years ago we had one health carrier that raised its premiums tremendously,” said Peggy Schultz, the director of the Army Benefits Center. “We had a lot of unhappy people after open season because by then it’s too late to do anything about it. And it was a significant increase.”

Schultz said that federal employees, during open season, should investigate changes being made to their current health, dental and vision plans to ensure that when the new year rolls around, there

will be no surprises in their paychecks.

“People should go out there to investigate with the tools available,” she said.

Schultz said some of those tools are available on the “Smart Choice” website that is available at <https://www.plansmartchoice.com>.

Additionally, there is information available on the “Army Benefits Center-Civilian” website at <https://www.abc.army.mil>.

Schultz said that during open season, Army civilians can look at and modify their health coverage options on the “Employee Benefits Information System” at <https://www.ebis.army.mil>.

Somewhere between 90 and 95 percent of Army civilians use the EBIS site to make changes to their health insurance plans, Schultz said. “They have embraced the automation.” Others, she said, can call the toll-free number available on the site to work with an operator.

Mark Ruddick, a representative of the Kaiser Permanente health care organization, said during open season, federal employees should reassess their health care needs and then look at all the options available to them.

Financial support



Photo by STAFF SGT. MYLINDA DuROUSSEAU, Third Army/ARCENT public affairs

Chief Warrant Officer 5 Coral Jones, second from right, visits Third Army/ARCENT headquarters at Shaw Air Force Base Nov. 4. During her visit Jones, the chief warrant officer of the Adjutant General Corps, met with Soldiers and finance employees to ensure they are meeting the needs of Army personnel stationed at Shaw. The employees from the Fort Jackson finance office have been assigned to work at Shaw, eliminating the need for Soldiers to travel to Fort Jackson for pay and finance inquiries and assistance.

News and Notes

HOURS CHANGE FOR HOLIDAY

The Fort Jackson Commissary will be open Monday and will be closed Nov. 24 and 25 in celebration of Thanksgiving. The Commissary will reopen Nov. 26.

FATHERHOOD DINNER PLANNED

The Fort Jackson Family Advocacy Program's Fatherhood initiative is hosting a Fatherhood dinner 6-7:30 p.m., Friday at C.C. Pinckney Elementary School. The dinner is for fathers of preschool and school-aged children up to sixth grade. The Saint John's Baptist Church GP Crew puppets will serve as entertainment. Call 751-6335 for additional information.

SMA OFFERS SCHOLARSHIP

The Fort Jackson Sergeants Major Association is taking applications for a \$500 scholarship for the Spring semester. Those eligible to apply are: any non-commissioned officer currently assigned to Fort Jackson and his or her immediate dependents (i.e., spouse, child, step-child, etc.); any member of the Sergeants Major Association and his or her dependents. Email regina.h.willingham.mil@mail.mil for an application packet. Applications must be received by Dec. 1.

HOLIDAY MAIL DEADLINES SET

The Military Postal Service Agency has set the following deadlines for holiday mail being sent to APO/FPS addresses:

Parcel post — deadline has passed

Space available — Nov. 28

Parcel-airlift — Dec. 4

Priority and first-class letters or cards — Dec. 11.

The Postal Service's free Military Care Kits are also available. Each kit contains six Priority Mail flat rate boxes, six customs forms, six Priority address labels and one roll of military tape. Call 1-800-610-8734 to order a kit.

CONSTRUCTION UPDATE

The main entrance road to Moncrief Army Community Hospital off Marion Avenue is closed because of construction. When exiting the ground floor parking lots, turn left onto Stuart Street and proceed to Hill Street.

GATE 4 PROCEDURES CHANGE

Gate 4 is open only to inbound traffic from 6 to 10 a.m., Wednesdays and Thursdays. During these times, motorists will not be able to exit the installation through Gate 4.

GATE 1 SHOP CHANGES HOURS

The Gate 1 Express (formerly called the Shoppette) is now open from 7 a.m. to 6 p.m., Monday through Friday and from 10 a.m. to 6 p.m., Saturday and Sunday.

Panetta: Iraq governing itself

By KAREN PARRISH

American Forces Press Service

WASHINGTON — Iraq and its forces are prepared to cope with the security challenges they will face after U.S. troops withdraw, Defense Department leaders told Congress this week.

Defense Secretary Leon E. Panetta and Army Gen. Martin Dempsey, chairman of the Joint Chiefs of Staff, described their views on those challenges in testimony before the Senate Armed Services Committee.

"Today, thanks to innumerable sacrifices from all involved, Iraq is governing itself," Panetta said. "It's a sovereign nation. It's an emerging source of stability in a vital part of the world. And as an emerging democracy, it is capable of (addressing) its own security needs."

The secretary said the United States seeks to continue a relationship with Iraq based on mutual respect and interests.

With the State Department set to lead U.S. efforts in Iraq after troops withdraw by Dec. 31, a structure remains that allows the United States to continue assisting the Iraqi government, Panetta said.

The State Department-led Office of Security Cooperation will include a limited

number of U.S. military personnel assigned to the embassy, he said, and the U.S.-Iraq strategic framework agreement provides "a platform for future cooperation in counterterrorism, in naval and air defense, and in joint exercises."

The secretary said countering extremism, reducing internal friction and closing gaps in the country's external defense capability will be key challenges for the Iraqi government.

Al-Qaida in Iraq and Iranian-backed militant groups remain capable of planning and carrying out periodic high-profile attacks, Panetta acknowledged. But those groups, he added, lack support among the Iraqi people, and Iraq's counterterrorism forces are among the most capable in the region.

"We will be in a position to continue to assist them in building these capabilities through our Office of Security Cooperation," Panetta said.

Conflict among Sunni, Shia, Kurd and other political blocs likewise will pose a challenge, he said.

"As in any democracy, Iraq deals with a range of competing agendas. But the solutions to these challenges lie in the political — not the military — realm."

U.S. Ambassador to Iraq James Jeffrey and his team, Panetta said, are

working with the Iraqis in maintaining dialogue and sustaining cooperation along the Arab-Kurd elements in the north. And Iraqi forces are developing the systems and expertise they'll need for a robust external defense, the secretary noted, though they will need assistance in this area, including logistics and air defense.

"That will be an important focus of the Office of Security Cooperation," Panetta said. "The recent decision by the Iraqis to purchase U.S. F-16s, part of a \$7.5 billion foreign military sales program, demonstrates Iraq's commitment to build up its external defense capabilities and maintain a lasting [military-to-military] training relationship with the United States."

Panetta cited Iran's regional ambitions as another challenge Iraq faces.

"Tehran has sought to weaken Iraq by trying to undermine its political processes and ... by facilitating violence against innocent Iraqi civilians and against American troops," the secretary said.

Those actions, coupled with Iran's growing ballistic missile capability and efforts to advance its nuclear program, he added, represent "a significant threat to Iraq, the broader region and U.S. interests."

Changing command

Lt. Gen. Vincent Brooks, Third Army/ARCENT commanding general, congratulates Lt. Col. David Cannon, Special Troops Battalion commander, during a change of command ceremony Thursday in front of Shaw Air Force Base's Patton Hall. The outgoing commander was Lt. Col. Tamatha Patterson.

Photo by STAFF SGT. MYLINDA DuROUSSEAU, Third Army/ARCENT Public Affairs



Special service



Photos by KEITH DAVIS, Training Support Center

Above, members of Fort Jackson’s Daniel Circle Chapel congregation gathered Sunday for a special Veterans Day service, honoring the sacrifices of service members. Left, the color guard for the service is provided by Blythewood High School Junior Reserve Officer Training Corps students.

Reading program



Courtesy photo

First Lt. Travis Martin, Training Support Battalion, reads to children at Pierce Terrace Elementary School Thursday. The battalion recently adopted the school, and Soldiers will read to students twice a month as part of the school’s reading program.

School visit



Courtesy photo

Soldiers with the 3rd Battalion, 34th Infantry Regiment participate in a Veterans Day program Thursday at Caughtman Road Elementary School. The Soldiers spoke to the children about the meaning of Veterans Day and showed them different types of uniforms worn today.

Like us on Facebook. Log on to your account and search for “Fort Jackson Leader.”





Photo by CURSHA PIERCE-LUNDERMAN

Col. Drew Meyerowich, commander of the 193rd Infantry Brigade, speaks with Soldiers and recruits during Fort Jackson's first Future Warrior video chat. Pvt. Andrew Regnier, left, and Pfc. Stephanie Rodriguez, both with the 3rd Battalion, 60th Infantry Regiment, were among the five Basic Combat Training Soldiers selected to share their training experiences with recruits.

Future Soldier chat gives recruits insight into training

Continued from Page 1

social media to reach out to recruits throughout this training cycle.

"First Sgt. Scott Giese is a recruiter, and he asked us to be a part of this pilot program with USAREC to give recruits a look at what training will be like for them," said 3-60th Command Sgt. Maj. Ron Newman. "Five Soldiers were able to tweet and post Facebook statuses as part of the program to say what they were up to. We are hoping to expand it and allow drill sergeants and other cadre to send updates to give a full picture of the training environment," Newman said.

Col. Drew Meyerowich, brigade commander, was able to screen questions before they appeared on the Soldiers' screens to prevent repetition and ensure variety.

"This was a good time," Meyerowich said afterward, though he said some of the questions were unexpected. "They asked a lot of questions about dealing with racism and discrimination, and we don't even deal with that here."

Pvt. Andrew Regnier, one of the BCT Soldiers who participated in the chat, took the opportunity to explain the

“ This would have been great to see when I was a recruit. ... (to) learn what to expect from people who just did it would be encouraging. ”

— **Pfc. Stephanie Rodriguez**
3rd Battalion, 60th Infantry Regiment

feeling of solidarity in training with recruits who worried about racism in training.

"Everyone here is a Soldier and if you discriminate, then this isn't the place for you," Regnier told recruits. "Don't come here thinking that you're better than anyone else, because we're all a team and we work together here."

Soldiers encouraged the future warriors to come ready to have fun and understand that drill sergeants are there to help Soldiers succeed and graduate.

"Train as much as you can at home and know your Soldier's Creed, because it's more than just words, it is who you are," advised participant Pvt. Lisa Sims. "Know

that you will get yelled at no matter what you do on that first day because they expect you to do your best always and just be ready to embrace the suck," Sims said.

The battalion's staff members said they selected their best to represent Fort Jackson during the chat. BCT participants agreed that the video chat was a valuable experience and something they wished they had as recruits.

"This would have been great to see when I was a recruit," said Pfc. Stephanie Rodriguez. "Just to hear the experience of someone who didn't go to basic training 15 years ago and learn what to expect from people who just did it would have been encouraging."

Other Soldiers recognized the importance of their selection as a reward for outstanding performance during BCT.

"I just wanted to let people know to give 110 percent in everything they do here," said Pvt. Arshud Shiggs. "When I came, I was really nervous but knew I had to give it my best, and now that I have, I'm glad my command chose me. It was truly on honor to do this."

Cursha.Pierce@us.army.mil

Leader deadlines

Article submissions are due two weeks before publication.

For example, an article for the Dec. 1 Leader

must be submitted by today.

Announcement submissions are due one week before publication.

For example, an announcement for the Dec. 1 Leader must be submitted by Nov. 24. Send all submissions to FJLeader@gmail.com.

Saluting this BCT cycle's honorees

DRILL SERGEANTS OF THE CYCLE



Staff Sgt. Danielle Ayers
Company A
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pfc. Brent Allred

SOLDIER OF THE CYCLE
Pvt. Dwight Kline

HIGH APFT SCORE
Pvt. Shannah Gardiner

HIGH BRM
Pvt. Joshua Allred



Sgt. 1st Class Yesinia Thomas
Company B
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Spc. Brandon Schaefer

SOLDIER OF THE CYCLE
Pvt. Ralph Bird

HIGH APFT SCORE
Pfc. Sean Campbell

HIGH BRM
Pvt. Cody Cosner



Staff Sgt. Timothy Cardinal
Company C
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Pvt. Robert Hillman

SOLDIER OF THE CYCLE
Spc. Andrew James

HIGH APFT SCORE
Pvt. Brandon Young

HIGH BRM
Pvt. Anthony Lazaretti



Staff Sgt. Rodriquez Cruell
Company D
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Spc. Jonathan Richardson

SOLDIER OF THE CYCLE
Pvt. Travian Johnson

HIGH APFT SCORE
Pfc. Chandler Giles

HIGH BRM
Spc. Benjamin Stanfield



Staff Sgt. Carlos Gonzalez
Company F
3rd Battalion,
60th Infantry Regiment
SOLDIER LEADER OF THE CYCLE
Spc. Timothy Storm

SOLDIER OF THE CYCLE
Pfc. Adam Tanner

HIGH APFT SCORE
Pvt. Jeffery Washington

HIGH BRM
Pvt. Preston Greer

SUPPORT AWARDS OF THE CYCLE

TRAINING SUPPORT
Staff Sgt. Earkes Siler

SERVICE SUPPORT
Willie Shaw

DFAC SUPPORT
Bernice Nuttry

FAMILY SUPPORT
Carisa Gonzalez

SUBMISSION GUIDELINES

Community announcements should be typed and no more than 45 words. All submissions may be edited to comply with *Leader* style and Public Affairs regulations. Send all submissions to FJLeader@gmail.com.

For more information, call 751-7045. For information about classified advertising, contact Camden Media Co. at 432-6157. Classified ads may also be faxed to 432-7609.

For information about display advertising, contact Kathy at 786-5681.

The *Leader* welcomes letters to the editor. All letters should include the name and hometown of the writer. Letters should also include a phone number for verification purposes. The *Leader* reserves the right to edit letters for grammar, style, spelling and brevity. Send your letter to FJLeader@gmail.com.

Training honors



Sgt. 1st Class Carl Council
Drill sergeant leader of the cycle
Drill Sergeant School



Staff Sgt. Nicole Steinbring
Distinguished honor graduate
Drill Sergeant School



Sgt. 1st Class Matthew Staaf
Leadership award
Drill Sergeant School



Staff Sgt. Ebony Howze
Physical fitness award
Drill Sergeant School



Staff Sgt. Jennifer Alexander
Instructor of the cycle
187th Ordnance Battalion

187TH ORDNANCE BATTALION HONORS

CADRE OF THE CYCLE
Sgt. 1st Class Gary Francisco

DISTINGUISHED HONOR GRADUATES
Pfc. William Schaefer
Pvt. Samone Toler

Leader deadlines

Article submissions are due two weeks before publication.
For example, an article for the Dec. 1 *Leader* must be submitted by today.
Announcement submissions are due one week

before publication.
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Send your submissions to FJLeader@gmail.com.
For more information, call 751-7045.



At your service

Phone numbers and operation hours for key post facilities

All South Federal Credit Union	782-9830	Monday-Thursday, 9 a.m. to 5 p.m.; Friday, 9 a.m. to 6 p.m.
American Red Cross	751-/4329/5923	Monday-Friday, 8 a.m. to 4 p.m.
Andy’s Fitness Center	751-4177	Monday-Friday, 5 a.m. to 9 p.m.; Saturday, 8 a.m. to 6 p.m., Sunday, 10 a.m. to 4 p.m.; call for hour on training and federal holidays
Army Career Alumni Program	751-4109/4104	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Army Community Service	751-5256	Monday-Friday, 8 a.m. to 4 p.m.
Army Continuing Education Services	751-5341	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Army Substance Abuse Program	751-5007	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Bowling, Century Lanes	751-6138	Closed Monday; Tuesday-Thursday, 11:30 a.m. to 10 p.m.; Friday, 11:30 a.m. to 11 p.m.; Saturday, 1 p.m. to midnight; Sunday, 2 to 10 p.m.
Bowling, Ivy Lanes	751-4759	(For use by Soldiers in training): Thursday, 1 to 8:30 p.m.; Friday, 5:30 to 9 p.m., Saturday, 1 to 9 p.m.; Sunday, 11 a.m. to 5 p.m.
Car Care Center	782-1639	Monday-Friday, 8 a.m. to 5 p.m.
Chaplain Museum	751-8827/8079	Monday-Friday, 9 a.m. to 4 p.m.
Child and Youth Services	751-4865	Monday, Wednesday and Friday, 7:30 a.m. to 4:30 p.m.; Tuesday and Thursday, 7:30 a.m. to 6 p.m.
Civilian Personnel Advisory Center	751-3219	Monday-Friday, 8 a.m. to 4 p.m.
Class VI	782-1601	Monday-Friday, 9 a.m. to 7 p.m.; Saturday, 9 a.m. to 8 p.m.; Sunday, 10 a.m. to 7 p.m.
Clinical Army Substance Abuse Program	751-6597	Monday-Friday, 7:30 a.m. to 4:15 p.m.
Coleman Gym	751-5896	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends, training holidays and holidays except Christmas and New Year’s Day, 6 a.m. to 2 p.m.
Commissary	751-5789	Sunday, 11 a.m. to 6 p.m.; Tuesday and Saturday, 9 a.m. to 8 p.m.; Wednesday-Friday, 10 a.m. to 8 p.m.
DA Photos (TSC)	751-7592	Monday-Thursday, 8 to 11 a.m. and 1 to 3 p.m.
Defense Military Pay Office	751-6669 (Soldiers)	Monday-Friday, 8 to 11:30 a.m. and 12:30 to 4 p.m. Civilians should call 751-4914.
Dental Clinics	751-5178/6017	Monday-Friday, 7:15 a.m. to 4:15 p.m.
Family Health Center	751-2273	Monday-Friday, 7:20 a.m. to 8 p.m.; training holidays, 8 a.m. to 4 p.m.
Family Life Resiliency Center	751-4961	Monday-Friday, 9 a.m. to 5 p.m.
Florist	738-1812	Monday-Friday, 9 a.m. to 5:30 p.m.
Fort Jackson National Cemetery	699-2246	Monday-Friday, 8 a.m. to 4:30 p.m.
Furniture Store	787-9175	Monday-Friday, 9 a.m. to 6 p.m.; Saturday, 10 a.m. to 5 p.m.; Sunday, 11 a.m. to 5 p.m.
Hospital Retail Annex	782-1263	Monday-Friday, 7 a.m. to 4 p.m.
ID Section	751-7731	Monday-Friday, 8 a.m. to 4 p.m.
Legal Assistance and Claims	751-4287/3603	Monday-Friday, 9 a.m. to 4 p.m.
LCI-SSSC	790-5306	Monday-Friday, 8 a.m. to 4 p.m.
Main Outpatient Pharmacy	751-2259	Monday-Friday, 7:30 a.m. to 5 p.m.
MG Robert B. Solomon Center	751-4056	Monday-Friday, 8 a.m. to 8 p.m.; Saturday, 8 a.m. to 6 p.m.; Sunday, 10 a.m. to 4 p.m.
Military Clothing Sales Store	787-5248	Monday-Friday, 9 a.m. to 7 p.m.; Saturday-Sunday, 10 a.m. to 4 p.m.
Movie Theater	751-7488	Hours vary
National Federation of Federal Employees	751-2622	
NCO Club	782-2218	Monday-Friday, 7 a.m. to 3:30 p.m.; Saturday, 8 p.m. to 2 a.m. Open later for entertainment and special events; call for details and times.
Officers’ Club	751-4906	Tuesday-Friday, 8:30 a.m. to 4:30 p.m.; Sunday brunch, 11 a.m. to 1:30 p.m.
Palmetto Falls Water Park	751-3381	**Closed for season**
Perez Fitness Center	751-6258	Monday-Friday, 5:30 a.m. to 9 p.m.; weekends and training holidays, 10 a.m. to 6 p.m.
Pharmacy Annex (PX mall)	751-2250	Monday-Friday, 9 a.m. to 6 p.m.
Pool, Knight	751-4796	Monday-Friday, 6 a.m. to 2 p.m., 4:30 p.m. to 7 p.m.
Pool, Legion	751-4796	**Closed for season**
Post Exchange	787-1950/1951/1952	Monday-Saturday, 9 a.m. to 9 p.m.; Sunday, 10 a.m. to 7 p.m.
Post Library	751-5589/4816	Monday-Thursday, 11 a.m. to 8 p.m.; Friday-Sunday, 11 a.m. to 5 p.m.
Post Office	782-8709	Monday-Friday, 8:30 a.m. to 5 p.m.
Recycling Center	751-4208	Monday-Friday, 7 a.m. to 3 p.m.; Saturday, 8:30 a.m. to 3:30 p.m.
Reuse Center	751-5121	Monday-Friday, 10 a.m. to 2 p.m.
Safety Center	751-6004	Monday-Friday, 7:30 a.m. to 4:30 p.m.
Gate 1 Express	782-2076	Monday-Friday, 7 a.m. to 6 p.m.; Saturday-Sunday, 10 a.m. to 6 p.m.
Gate 2 Express	790-4478	Open 24 hours a day
SSI Retail Annex	738-9189	Monday-Friday, 8 a.m. to 2:30 p.m.
Thrift Shop	787-2153	Tuesday and Thursday, 9 a.m. to 3 p.m.; Wednesday, 9 a.m. to 5 p.m.
Vanguard Gym	751-4384	Monday-Friday, 5:30 a.m. to 9 p.m.; Saturday, Sunday and holidays, 1 to 8 p.m.
Vehicle Registration	751-5887	Monday-Friday, 8 a.m. to 4 p.m.
Veterinary Clinic	751-7160	Monday-Friday, 8 a.m. to 4 p.m.
Weston Lake	751-5253	Oct. 1 through April 30: 9 a.m. to 5 p.m.; May 1 through Sept. 30: 10 a.m. to 6 p.m.

Anything we missed? E-mail us at fjleader@gmail.com.



Photos by JAMES ARROWOOD, command photographer

A Native American veteran marches in the City of Columbia's 33rd annual Veterans Day parade Friday.

Thank you for serving

Columbia, post salute veterans with parade, wreath laying



A Soldier holds a program for Thursday's Veterans Day wreath-laying ceremony near Gate 1.



Fort Jackson Soldiers march in the Veterans Day parade in downtown Columbia Friday.



Maj. Gen. James Milano, Fort Jackson's commanding general, speaks at the post's Veterans Day wreath-laying ceremony Thursday near the World War II memorial by Gate 1.

Calendar

Friday
Native American Heritage Month luncheon
11:30 a.m., Officers’ Club

Families of the Year ceremony
4 p.m., Solomon Center

Father and child dinner
6 to 7:30 p.m., C.C. Pinckney Elementary School
Fort Jackson fathers of children in pre-school through sixth grade are invited for dinner and entertainment. RSVP is required by Friday. For more information, call 751-6335.

Monday
Federal employee open season benefits fair
8 a.m. to noon, Solomon Center
For more information, call 751-5065.

Wednesday, Nov. 23
Postwide Thanksgiving service
11:30 a.m. to noon, Main Post Chapel
Light refreshments will be offered after the service. For more information, call 751-4966/4961.

Monday, Nov. 28 through Friday, Dec. 9
Army 101 lunchtime course
11:45 a.m. to 12:45 p.m., Family Readiness Center
RSVP is required by Nov. 23. For more information, call 751-6315.

Housing events

All events are held in the Community Center, 520 Brown Ave., unless otherwise specified. Call 738-8275 for information.

Through Nov. 27
Turkey coloring contest
Pick up your coloring sheet at the Community Center. Entries will be displayed in the Community Center. Each sheet is entered into a raffle for a gift card. To receive a coloring sheet by email, send a request to ayoungblood@bbcgrp.com.

Every Monday in November, 3 p.m.
After school snack attack club
Children receive free snacks while supplies last.

Announcements

CHILDWATCH PERSONNEL SOUGHT
The Fort Jackson Main Post Chapel is looking for applicants interested in working at its child care ministry Sunday and Tuesday mornings from 9 a.m. to noon.

For more information, call 751-4961/6681

PROPERTY DONATIONS
Defense Logistics Agency Disposition Services has scheduled a donation event for DoD ID card holders from 8 a.m. to 1:30 p.m., Saturday at 1902 Ewell Road. Items available include chairs, tables, wall lockers, bunk beds and night stands. All items are free. There will be no pre-screening.

AWARD NOMINATIONS SOUGHT
Employer Support of the Guard and Reserve, a DoD agency, is accepting nominations for the 2012 Secretary of Defense Employer Support Freedom Award. Nominations may be submitted through Jan. 16. For more information, visit www.freedomaward.mil.

SPORTS BANQUET
Fort Jackson’s annual sports banquet is scheduled for 11:30 a.m., Dec. 6 at the Solomon Center. The banquet is open to all who participated in the sports program throughout the year. RSVP is required by Nov. 29. For more information, call 751-3096.

THREAT AWARENESS REPORTING
Briefings for the postwide Threat Awareness Reporting Program, formerly known as SAEDA, are scheduled for 10 a.m. and 3 p.m. Jan. 10, 12, 17, 19, 24 and 26. The briefings will take place in the 120th Adjutant General Battalion (Reception) Chapel.

REUSE CENTER
Fort Jackson military and civilian personnel and on-post residents can obtain free overstock items at the Reuse Center. The center carries paint-related materials, adhesives, cleaners, printer cartridges, light bulbs and office supplies. Donations are also accepted. The Reuse Center is located at 2558 Essayons Way and is open Monday through Friday, 10 a.m. to 2 p.m.

BOSS FOOD AND CLOTHING DRIVE
Better Opportunities for Single Soldiers will conduct a food drive through Friday and a clothing drive from Monday through Dec. 15. For more information, call 751-1148.

HOLIDAY EXTRAVAGANZA
The Victory Chapter Sergeants Major Association 2011 Holiday Extravaganza is scheduled for 6 p.m., Dec. 17 at the NCO Club. Tickets cost \$25. For more information, call (919) 605-4283.

NOMINATIONS SOUGHT
The Marine Corps Heritage Foundation is accepting nominations for people who portrayed or recognized aspects of Marine life, culture, history or work. For more information, visit www.marineheritage.org/

[awards.asp](#).

SKIES TRANSPORTATION
SKIESUnlimited is offering on-post transportation to classes for children who attend Child Youth and School Services child care facilities on post. For more information, call 751-6777.

DHR TRAINING CLOSURES
Some Directorate of Human Resource offices will be closed for training on the third Tuesday of each month. Each month, a list will be available indicating which activity will be closed that month for training.

MILITARY MOPS GROUP STARTED
Mothers of Preschoolers, or MOPS, is soliciting military moms to join its newest chapter in Columbia. The group meets 10 a.m. to noon, the second and fourth Thursdays of each month, at Northeast United Methodist Church, 4000 Hard Scrabble Road. Visit www.mops.org for more information.

CHANGE IN HOURS
The Personal Property Office has changed its hours of operations for walk-in services. The new office hours are: 7:30 a.m. to 4 p.m., Mondays, Wednesdays and Fridays; 7:30 a.m. to 4 p.m. (limited services from noon to 4 p.m.); Tuesdays; 7:30 a.m. to noon, Thursdays. For more information or in case of emergencies, call 751-5137/5138.

SPOUSE ASSISTANCE CHANGES
Effective with the academic year 2012/2013, Army Emergency Relief will consolidate its overseas and stateside spouses education assistance programs. All spouses will be allowed to attend school part-time or full-time. Funding will be available for fall and spring semesters only.
Other changes include minimum credit hour requirements, scholarship eligibility and a modified overseas application process. For more information, call 751-5256 or email education@aerhq.org.

THRIFT SHOP NEWS
Children are invited to participate in a monthlong scavenger hunt. Instructions are available at the Thrift Shop.
The Thrift Shop will be giving out one free Christmas basket each Wednesday after 1 p.m.
The Thrift Shop will be closed for Thanksgiving starting Nov. 22. The store will reopen Nov. 29.

The Thrift Shop will accept Thanksgiving items through today and Christmas items through Dec. 15.
The Thrift Shop will award \$2 coupons off any item every other week to customers who wear college colors.
The Thrift Shop’s Cinderella Project

has free ball gowns for sergeants and below and spouses of active-duty sergeants and below.

Visit the community calendar at www.jackson.army.mil for a full listing of calendar events. Community announcements may be edited to comply with Leader style and Public Affairs regulations.

Off-post events

The Fort Jackson Leader accepts only off-post announcements for those organizations or events that directly relate to service members and their families.

VETERANS JOB/EDUCATION EXPO
The Hiring Our Heroes/Recruit Military Veteran Opportunity Expo is scheduled from 11 a.m. to 3 p.m., today at The Speedway Club at Charlotte Motor Speedway (5555 Concord Parkway South). For more information, visit www.recruitmilitary.com.

USO TAILGATE PARTY
The USO will host a tailgate party for the University of South Carolina military appreciation game from 9 a.m. to noon, Saturday at the National Guard Armory on Bluff Road. The party is free to all active duty, Guard and Reserve service members and their families. For more information, call 318-8964 or 404-1824.

MILITARY FAIR
A military fair is scheduled from 9 a.m. to 1 p.m., Saturday at the AC Jackson Wellness Center, 2440 Atlas Road. The fair will include a VA benefits seminar, agency information tables and activities for children. Service members will also be recognized during the 8 a.m. and 11 a.m. services, Sunday at Bible Way Church. Service members are asked to wear their uniforms. For more information, call 788-1469.

2ND DIVISION SOLDIERS SOUGHT
The Second (Indianhead) Division Association is looking for Soldiers who served in the 2nd Infantry Division. The association is planning a reunion in August. For more information, visit www.2ida.org or email 2idahq@comcast.net.

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Follow the Leader on Twitter at www.twitter.com/fortjacksonpao for breaking news and updates.

Smokeout: It's time to kick the habit

By **BETHANN CAMERON**
U.S. Army Public Health Command

The Great American Smokeout, which is today, challenges people to lead healthier lives by quitting smoking. Every year on the third Thursday in November, smokers are encouraged to earmark this date and make a plan to quit smoking.

A plan to quit smoking is an important step toward leading a healthier life. One can breathe better, have more energy and increase the ability to exercise. Risk of a heart attack decreases 24 hours after stopping smoking and, after one tobacco-free year, the risk for heart disease is one-half that of smokers.

Soldiers who quit tobacco enhance their performance during a mission with increased night vision and mental sharpness; reduce their risk of heat and cold injuries; and improve wound healing.

Quitting smoking is not easy, but it can be done. To have the best chance of quitting successfully, know what you're up against, what your options are, and where to go for help.

CHALLENGES

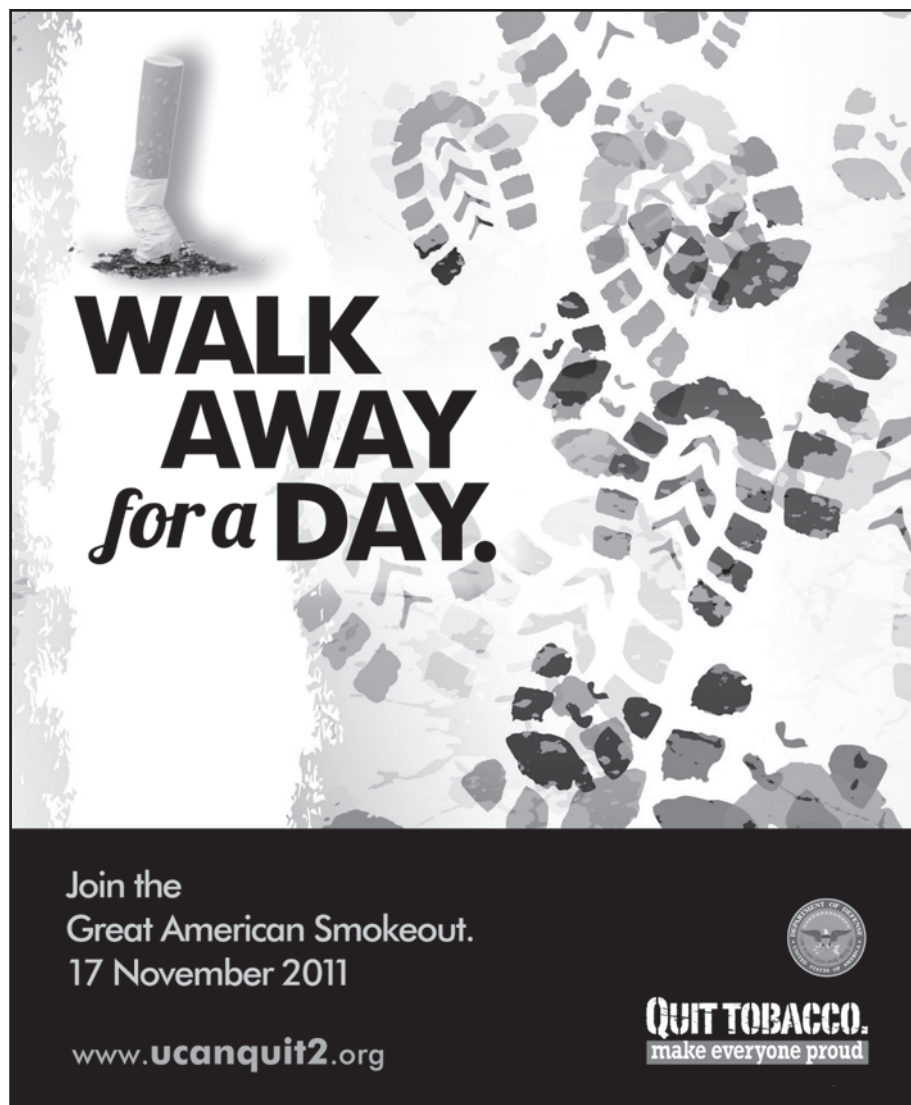
Cigarettes and tobacco such as dip or chew contain an addictive drug called nicotine. You are addicted to nicotine if you are tense, fidgety, crabby, have poor concentration and get headaches if you haven't smoked in a few hours.

Nicotine cravings and urges to use tobacco can be triggered by a situation, event or behavior such as drinking coffee, talking on the phone or eating a big meal that sets off the urge to smoke or dip.

OPTIONS

Do what you need to do to become tobacco-free. To help you quit smoking, it won't be just one thing that helps you quit or keeps you quit for good.

Make a plan and get ready to quit. Preparation for change is the key to success. Get rid of all tobacco, ashtrays, light-



Ucanquit2.org

The Great American Smokeout, which is today, encourages smokers to stop smoking for at least one day.

ers and matches in your house or car. Place "stop signs" as reminders in your home, car or other areas that trigger your desire to smoke.

Decide on one of the quit methods below:

- ☐ "Cold turkey" — quit at once
- ☐ Tapering — gradually cut back on the amount smoked
- ☐ Postponing — put off smoking until later each day

☐ Medication — Talk with your health care provider about getting medication to help with quitting.

Keep in mind that medication cannot take away the triggers that are related to smoking. Here are some tips for finding ways to cope with triggers and urges to smoke:

- ☐ Avoid situations where people smoke, if possible.
- ☐ Alter or change the situation.

☐ Look for alternatives or substitutes for smoking such as chewing sugar-free gum, playing with a pen or rubber band, or picturing something pleasant in your mind.

USE THE 4Ds

- ☐ Delay. Wait 15 minutes.
- ☐ Deep breaths. Deep breathing relieves stress.
- ☐ Drink water.
- ☐ Do something else. Take a walk. Go for a run.

WHERE TO GO FOR HELP

Moncrief Army Community Hospital offers a five-week tobacco cessation program. The program is open to active duty Soldiers, retirees, and adult family members. For more information about the program, contact 751-2235.

Also, rally the forces and find some social support. Friends, co-workers and family members can provide encouragement and support in your efforts to quit. Quitting with a buddy or enlisting the aid of someone who has quit using tobacco can provide additional support and ideas of how to break the habit. Consider counseling.

There are also websites, quit lines and online programs that can support you. Chat with a peer helper on www.UCAN-QUIT2.org.

Have patience with yourself. Think success. Stay away from tobacco for a day.

For more information on tobacco cessation, visit:

Quit Tobacco-Make Everyone Proud. 24 hour Quit line assistance, <http://www.ucanquit2.org>

San Antonio Military Medical Center Quit line, 1-877-SAMMC-11, <http://www.sammccquitline.org/>

American Lung Association, <http://www.lungusa.org/stop-smoking/workplace-wellness/>

American Cancer Society, <http://www.cancer.org/Healthy/StayAwayfromTobacco/index>

Become an EX, Online Tobacco Cessation Program, <http://www.becomeanex.org>

MACH UPDATES

LASIK SURGERY

The MACH Ophthalmology Clinic offers pre-operative screening exams and post-operative care for Laser Refractive Surgery. The service is available to eligible active-duty Soldiers. The surgery will be conducted at Winn Army Community Hospital at Fort Stewart, Ga. To be eligible, Soldiers must have 18 months left of active-duty service. For more information, call 751-5406.

WOMEN'S SUPPORT GROUP

A support group for family members of Soldiers dealing with substance abuse, post-traumatic stress disorder and conflicts meets 5 p.m., every Wednesday in MACH Room 7-90 of Moncrief Army Community Hospital. The purpose of the group is to provide support, education and encouragement and to

address issues in a safe and confidential environment.

TRICARE PRIME ENROLLMENT

MACH currently has TRICARE Prime enrollment availability for active duty family members and retirees and their family members. Pediatric enrollment is also available. For more information, visit the TRICARE service center on the 10th floor.

MEDICAL HOME ENROLLMENT

Moncrief Medical Home continues enrollment to all active duty family member beneficiaries in all zip codes within the Columbia area. Visit the Fort Jackson TRICARE Service Center on the 10th floor of the Moncrief Army Community Hospital and complete the TRICARE Prime Enrollment and PCM change form.

NOVEMBER FLU SHOTS

Seasonal flu shots are available to eligible beneficiaries 4 and older. Dates and times vary. The schedule for **Room 6-67 at Moncrief Army Community Hospital** is as follows: Vaccinations will be given 8 a.m. to 4 p.m., Nov. 23. Vaccinations will be given 8 a.m. to 8 p.m., Nov. 30. The vaccination schedule for the **Main PX** is 10 a.m. to 2 p.m., Friday. The schedule for the **Solomon Center** is 8 a.m. to 3:30 p.m., Nov. 21 and 28. The schedule for the **Commissary** is 10 a.m. to 2 p.m., today, 22 and 29.

Children 3 and younger may be vaccinated at the Family Health Clinic on a walk-in basis.

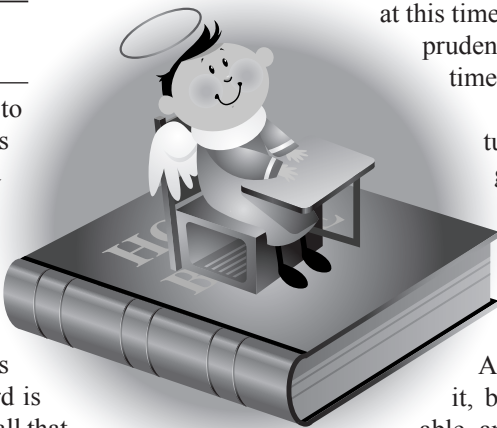


Prudence now an overlooked virtue

By **CHAPLAIN (MAJ.) TOM McCORT**
Soldier Support Institute

As an ethics instructor, I find it valuable to look at past virtues. One old virtue that repays a second look is “prudence.” Prudence is not a word we use much anymore. Back in the day, prudence was held in such high esteem that parents would even give their children the name, “Prudence.”

Now, we tend to make fun of prudes as those who won’t go along with the crowd, which seems to assume that the crowd or the mob or the herd is something worth going along with. You may recall that George Bush Sr. was often mocked on “Saturday Night Live” for saying, “Wouldn’t be wise, wouldn’t be prudent



at this time. ...” Such is the fate of prudence in our enlightened times.

All of this is unfortunate. Prudence is a good word and a better concept. According to Webster’s dictionary, prudence means, “using good judgment or common sense.” As far as I understand it, both of those are valuable and virtuous things, as opposed to bad judgment and stupidity.

Further, prudence means “careful about one’s conduct.” Again, I am struggling to see a downside of the concept, as though carelessness or recklessness were somehow virtues. I cannot count how many times I have counseled Soldiers who have brought tragic and painful consequences into their own and others’ lives simply because they did not think through the future results of their present conduct.

I’m convinced that if more Soldiers and family members were prudent (practiced prudence and were prudential), we would have a whole lot fewer folks in counseling, rehab, the emergency room, jail/prison and on the blotter. Although we can make fun of George Bush Sr. for his prudence talk, ending up in the White House is certainly better than ending up in the “Big House,” which Webster’s defines as slang for a penitentiary.



PROTESTANT

- Sunday
9 a.m. McCrady Chapel (SCARNG), McCrady Training Center
9:30 a.m. Hispanic, Post Theater
9:30 a.m. Main Post Chapel
8:30 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (first service)
10:15 a.m. Daniel Circle Chapel Gospel service, Daniel Circle Chapel (second service)
10:45 a.m. Sunday school, Main Post Chapel
11 a.m. Memorial Chapel
11 a.m. Chapel Next, Bayonet Chapel
- Wednesday
6 p.m. Prayer service, Magruder Chapel

Protestant Bible Study

- Monday
7 p.m. Women’s Bible study (PWOC), Main Post Chapel
- Tuesday
9:30 a.m. to noon Women’s Bible study (PWOC), Main Post Chapel
- Wednesday
6 p.m. Gospel prayer service, Daniel Circle

- Chapel
7 p.m. Gospel Bible study, Daniel Circle Chapel
7 p.m. LDS scripture study, Anderson Street Chapel
11:30 a.m. to 12:45 p.m. Fresh Encounter Bible Study, Family Life and Resiliency Center (5460 Marion Ave., left of the POV lot)
- Saturday
8 a.m. Men’s prayer breakfast (PMOC), Main Post Chapel (every second Saturday of the month in the activity room)

Protestant Youth of the Chapel

- Sunday
5 to 6:30 p.m. Club Beyond youth group, Main Post Chapel
- Saturday
11 a.m. Daniel Circle Chapel youth group, Dorn VA Hospital (first Saturday of each month)

CATHOLIC

- Monday through Friday
11:30 a.m. Mass, Main Post Chapel
- Sunday
9:30 a.m. CCD (September through May), Education Center
9:30 a.m. Religious ed class for adults (September through May), Main Post Chapel
9:30 a.m. Religious ed class for children (September through May), Main Post Chapel
10:30 a.m. Reconciliation (after Mass or by appointment), Main Post Chapel
11 a.m. Mass (Main Post Chapel)
12:30 a.m. Catholic youth ministry, Main Post

- Chapel
7 p.m. Women’s scripture study, Main Post Chapel

- Wednesday
7 p.m. Rosary, Main Post Chapel
7:30 p.m. RCIA/Adult inquiry (September through May), Main Post Chapel
- Friday
11:30 a.m. Ladies of the parish, Main Post Chapel (first Friday of each month)

ANGLICAN/LITURGICAL

- Sunday
8 a.m. Anderson Street Chapel

ISLAMIC

- Sunday
8 to 10 a.m. Islamic studies, Main Post Chapel
- Friday
1 to 2 p.m. Jumah services, Main Post Chapel

JEWISH

- Sunday
9:30 to 10:30 a.m. Worship service, Memorial Chapel
10:30 to 11:30 a.m. Jewish book study, Post Conference Room

LATTER DAY SAINTS

- Sunday
9:30 to 11 a.m. Anderson Street Chapel
- Thursday

- 7 to 8 p.m. LDS scripture study, Anderson Street Chapel

CHURCH OF CHRIST

- Sunday
11:30 a.m. Anderson Street Chapel

ADDRESSES, PHONE NUMBERS

- Anderson Street Chapel**
2335 Anderson St., corner of Jackson Boulevard, 751-7032
- Bayonet Chapel**
9476 Kemper St., 751-6322/4542
- Daniel Circle Chapel**
3359 Daniel Circle, corner of Jackson Boulevard, 751-1297/4478
- Education Center**
4581 Scales Ave.
- Family Life Chapel**
4580 Scales Ave, corner of Strom Thurmond Boulevard (inside of Main Post Chapel), 751-5780
- Magruder Chapel**
4360 Magruder Ave., 751-3883
- Main Post Chapel**
4580 Scales Ave., corner of Strom Thurmond Boulevard, 751-6469/6681
- McCrady Chapel (SCARNG)**
3820 McCrady Road (located at McCrady Training Center)
- Memorial Chapel**
4470 Jackson Blvd., 751-7324
- Warrior Chapel (120th AG Bn.)**
1895 Washington St., 751-5086/7427
- Installation Chaplain’s Office**
4475 Gregg St., 751-3121/6318

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The Leader welcomes timely submissions.

Send your submissions to FjLeader@gmail.com.

For more information, call 751-7045.



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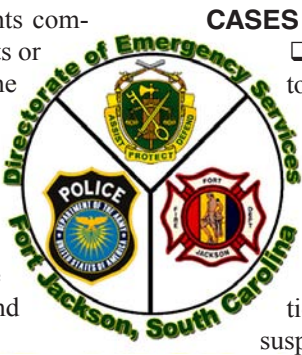
FIRST RESPONDER

The following are incidents compiled from reports, complaints or information received from the Fort Jackson Provost Marshal Office.

The incidents reflected are not an adjudication attesting to the guilt or innocence of any person and are provided for informational and reflective purposes only.

Maj. Raymond Simons
Director, Emergency Services/Provost Marshal
Sgt. Maj. Bruce Sirois
Provost Sergeant Major

Bill Forrester
Fire Chief



CASES OF THE WEEK

- ❑ A civilian’s vehicle was towed from the installation after the civilian was issued several citations, Military Police said. The civilian was cited for not having a driver’s license, no proof of insurance, expired registration and failure to surrender a suspended registration tag, MPs said.
- ❑ A Soldier was issued a citation for disorderly conduct and two civilians were issued traffic citations after MPs stopped a speeding vehicle from which one person was hanging out the window, MPs said. The Soldier, who was the sponsor of one of the civilians, arrived at the scene and

was detained after refusing to stop using profanity at MPs. The civilians were issued citations for driving too fast for conditions and for seat belt violations.

❑ A civilian was detained after MPs discovered that he had an active arrest warrant, MPs said. The civilian, who was a passenger in a vehicle, was attempting to enter the installation with an expired ID card and no driver’s license, MPs said. The civilian was released to the Richland County Sheriff’s Department.

TIP OF THE WEEK

The Directorate of Emergency Services is redoubling their traffic enforcement efforts. While most installation traffic violations result in a traffic citation, there are a few violations that require the offender to be processed at the Military

Police station.

Any speeding violation exceeding 25 miles per hour more than the posted speed limit, driving without insurance, driving with a suspended or revoked license and driving without a license are a few of the more serious violations that will result in the offender being transported to the Military Police station for processing.

Any traffic incident in which a driver is under the influence of drugs or alcohol will result in immediate revocation of the driver’s on-post driving privileges, regardless if the incident occurred on or off the installation.

The safety of our community is a top priority for the Directorate of Emergency Services. Strenuously enforcing traffic policies and laws is one method of ensuring the safety of the community.